



CKEC Summer Camp Packing List

Please send the following items to camp with your child every day.

All items must be labelled:

- Hat
- Reusable water bottle
- Sunscreen & bug spray
- Swimsuit (swim shirts are highly recommended)
- Please note that proper swim attire is required for campers who are permitted to access the pool*
- Towel
- Outdoor shoes (suitable for playing as well as walking in the woods)
- Indoor shoes
- A change of clothes
- A backpack to store their items

Optional:

- Sunglasses
- Water shoes or crocs with a back strap (**water play only**)

Prohibited Items:

- Electronic Devices (cell phones, game systems, cameras etc.)
If your camper brings these items to camp they will be required to leave them in their backpack. CKEC is not responsible for lost, stolen or damaged items. If you need to reach your camper, please contact CKEC at 902-832-5437
- Toys from home
- Heelys, flip flops, sandals without a back strap.

Children will be assigned a cubby hook and small basket while they are at CKEC. They are welcome to leave their hats, water bottles, shoes and change of clothes in their cubby throughout their time here to reduce the chance of forgetting items. It is highly recommended that children use a backpack or bag to help keep their cubby organized

Lunches:

If your child has not ordered lunch through CKEC, please ensure that you send a **nut free** lunch with your child every day. CKEC provides a morning and afternoon snack for all campers as part of their daily fees. If your child is particular about foods or has a good appetite, please provide additional snacks for your child.

Please note, while we are able to support most common dietary restrictions, due to the volume of children in our centre, there are some (i.e. Vegan, celiac etc.) we are unable to meet. Please reach out to Pam or Cassie to discuss any concerns regarding your child's diet.